



MASTERSTART



Delivered 100% online



4 – 6 learning hours per week



8 weeks

**WBS** Wits  
Business  
School  
*Sculpting global leaders*

# Power Skills for Team Building

Empower people. Build stronger teams.

Strong teams are shaped by leaders who know how to connect, communicate, and coach. Power Skills for Team Building helps you develop the communication, emotional intelligence, and collaboration habits that drive trust and high performance across diverse teams. You'll learn to delegate confidently, lead with influence, and build a culture where people take real ownership of their work.

## What will you learn?



### Team building

Fostering a collaborative and supportive team environment for high performance.



### Facilitate cross-team collaboration

Encouraging cooperation across departments to achieve common organisational goals.



### Foster inclusive teamwork

Encouraging collaboration that values diversity and creates a sense of belonging among team members.



### Emotional intelligence

The ability to understand and manage one's own emotions and those of others, fostering a positive work environment.



### Coaching

Providing personalised support and feedback to help individuals improve their performance and reach their goals.



### Global perspective

Considering global trends, challenges, and opportunities in strategic planning and decision-making to stay competitive in the international market.

Contact Us



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Certificate of  
Competence

# Course outline

 6 collaborative learning sessions



WEEK 1

## Orientation

Meet your Industry Expert, Learner Success Coach and other learners



WEEK 2

## Module 1

### Team communication

Understand the impact of communication on team success, overcome common barriers, and apply verbal and non-verbal techniques to strengthen collaboration.



WEEK 3

## Module 2

### Connecting with the team

Apply emotional intelligence, build trust, and adapt leadership strategies to strengthen cohesion in diverse and virtual teams.



WEEK 4

## Module 3

### Leadership and influence

Compare leadership styles, develop influence and persuasion skills, and apply situational strategies to lead diverse teams effectively.



WEEK 5

## Module 4

### High-performance teams

Explore the traits of high-performance teams, integrate diversity and inclusion, and build resilience for long-term success.



WEEK 6

## Module 5

### Team empowerment

Understand the role of empowerment in engagement, apply techniques to foster accountability, and build resilient, independent teams.



WEEK 7

## Module 6

### Successful delegation

Use tools and techniques to delegate effectively, align tasks with team strengths, and foster accountability and growth.



WEEK 8

## Final assessment

Team Building Improvement Plan relevant to a business environment.

## Who is this course for?

This course is for managers, team leaders, and project coordinators who want to strengthen collaboration and consistency across their teams. It's designed for those guiding diverse or cross-functional groups and aiming to build an inclusive, accountable culture that keeps performance steady and people engaged.

## The learning experience

MasterStart courses are developed to provide a learning experience that builds competence and professional confidence. This unique online learning approach means you will:



Enjoy full learning support for your course, in the form of a dedicated team of an Industry Expert, Learner Success Coach and Learning Support Coordinator.



Learn from a mix of self-paced study modules, quizzes and interactive activities.



Access resources, audio notes, and a community chat for additional support and discussion.



Engage in collaborative learning sessions to apply what you've learned in practical ways.

All MasterStart courses are aligned to Category-B of the BBBEE Skills Development matrix.

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